

# Home

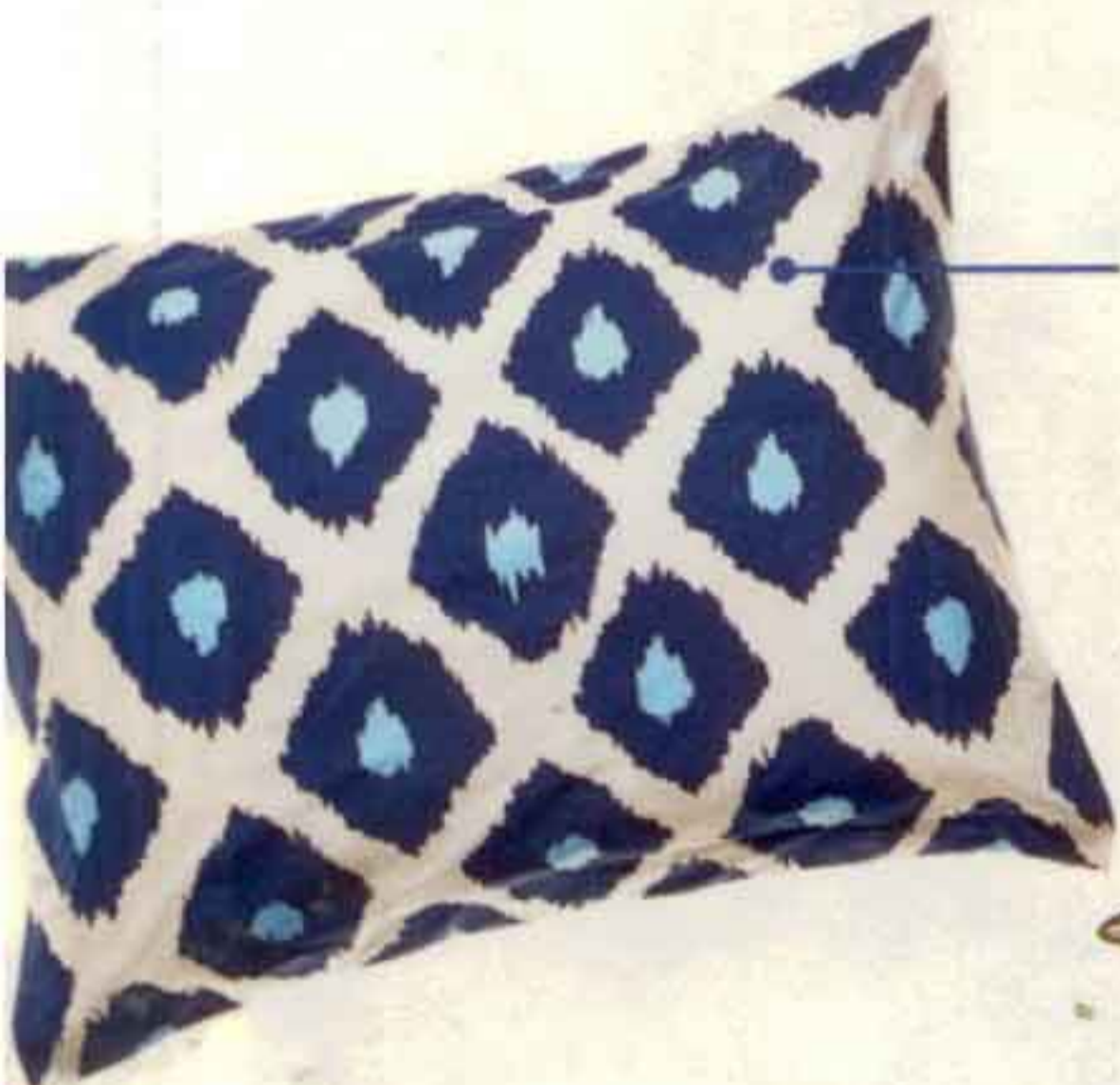
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COLOR CUES

## true blue

Ask anyone to name their favorite color, and there's a good chance they'll say blue. "That's because it's soothing and comforting," says Long Island, New York, designer Eileen Kathryn Boyd. Two shades to pair together: navy and aqua, a splashy combination that revitalizes any room.

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### In a bedroom

Layer textures to create a tranquil retreat. For a sublimely summery feel, blend ink-and-ocean cotton bedding with natural, nubby materials—a sisal rug and airy linen curtains, for example.



### In a bathroom

Find a patterned shower curtain you love, and paint the walls to match one of the tones in the print. Not ready to bathe all four walls in blue? Paint the room white and try azure on the ceiling.



### In a kitchen

Tile a backsplash using translucent glass tiles in a range of sapphire shades. In an all-white kitchen, the palette is fresh and uplifting; with wood-tone cabinets and floors, the cool colors warm up.

### In a home office

Employ marine shades to tidy up your desk. The calming scheme can help reduce stress and create a more peaceful atmosphere for work.



### On the walls

Note a room's natural light before picking a blue. Tints with reddish undertones, like periwinkle, shine bright in spaces that don't get loads of sun. More saturated shades should be limited to areas with lots of light. ■



buying guide

FROM TOP LEFT: IKAT ORGANIC COTTON PILLOW SHAM IN INK BLUE/OCEAN BREEZE, \$29; POTTERYBARN.COM. COTTON MARRAKECH SHOWER CURTAIN (\$55) WITH ROLLER RINGS (\$12); CRATEANDBARREL.COM. CERAMIC LIGHT BLUE TEAPOT WITH PLATINUM-GLAZED KNOB, \$112; TERRAKERAMIK.COM. MOSAIC GLASS TILES #CS913 IN NAVY, \$33/12x12-INCH TILE; SHAWFLOORS.COM. VALSPAR SIGNATURE COLOR PAINTS IN NAVY 6 #1412, INLET BLUE #1215, AND GLASS